

## SAY NO TO ANIMAL EXPLOITATION!

We do not need to exploit and kill other animals to live. A lifestyle that is free from animal use is good for our health, the environment and all animals.

If you believe that the lives of nonhuman animals have value and you take their rights seriously, then the only way to stop participating in their exploitation, however "humanely" they are treated, is to GO VEGAN.

The abolition of animal exploitation/cruelty starts with you, not with donations to welfare groups, or new regulations that keep this exploitative system in place.

### Why Vegan?

Veganism is a straightforward moral position. Vegans object to the murder, exploitation, enslavement and use of nonhuman animals for food, clothing, entertainment, and other purposes. Veganism is about respect, justice and basic rights for all sentient beings.



Veganism is easy, with a wide range of animal free products to choose from.

Grocery shops carry non-dairy milks, fresh fruits and vegetables. Clothing shops carry a wide range of products that use no wool, silk or leather.

For more information on veganism, contact:

**The Vegan Society,**  
info@vegansociety.com  
www.vegansociety.com

**ALiberation** is a Dublin based Animal Rights group.

From the PC to the street we actively :  
- Educate individuals about animal rights,  
- promote the vegan lifestyle,  
- Urge shops, businesses, industries and politicians to abolish animal exploitation.

If you'd like to promote Veganism and Animal Rights, then contact ALiberation on the details below.

www.aliberation.org  
www.vegaplanet.org

aliberationnow@gmail.com  
086 320 36 43.

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